

**Required Texts for Advanced Course** (Books are organized by class to make purchasing a few a time easier)

Read Before the First Class:

- Lying In: A History of Childbirth in America by Richard Wertz and Dorothy Wertz

Books for Class 1

- Fertility Signals by Marion Weinstein
- Reclaiming the Menstrual Matrix: Evolving Feminine Wisdom by Tamara Slayton
- Taking Charge of Your Fertility: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health (Revised Edition) by Toni Weschler (Author)

Books for Class 2

- Breastfeeding Answer Book by La Leche League International
- Womanly Art of Breastfeeding by La Leche League International
- Medications & Mothers' Milk: A Manual of Lactational Pharmacology by Thomas W., Ph.D. Hale
- Ultimate Breastfeeding Book of Answers: The Most Comprehensive Problem-Solution Guide to Breastfeeding by M.D. Jack Newman

Books for Class 3

- Starting an IV by Weaver
- Holistic Midwifery Volume 2 by Anne Frye
- A Book for Midwives by the Hesperian Foundation (full text available on-line)

Books for Class 4

- Woman : An Intimate Geography by Natalie Angier (Author)
- The V Zone: A Woman's Guide to Intimate Health Care by Colette Bouchez, Elsa Giardina
- Blood and Roses by Judy Grahn

Books for Class 5

- When Hello Means Goodbye by Pat Schwiebert, Paul Kirk, Paul Kirk M.D
- Empty Cradle, Broken Heart by Deborah L. Davis
- Education and Counseling in Childbirth by Sheila Kitzinger
- A Book for Midwives by the Hesperian Foundation (full text available on-line)
- Holistic Midwifery Volume 2 by Anne Frye

Books for Class 6

- Breech Birth: Woman Wise by Maggie Banks
- Hemorrhage Handbook by Midwifery Today
- Holistic Midwifery Volume II by Anne Frye
- Metabolic Toxemia of Late Pregnancy: A Disease of Malnutrition by Thomas H., Md. Brewer
- Second Stage Handbook by Midwifery Today
- Shoulder Dystocia Handbook by Midwifery Today
- Optimal Foetal (Fetal) Positioning (2nd revised edition, 1996) by Pauline Scott and Jean Sutton
- Prolonged Labor Handbook by Midwifery Today
- A Book for Midwives by the Hesperian Foundation (full text available on-line)

Books for Class 7

- Lying In: A History of Childbirth in America by Richard Wertz and Dorothy Wertz
- The Politics of Birth by Sheila Kitzinger
- Midwifery and Childbirth in America by Judith Pence Rooks, Charles S., M.D. Mahan
- Obstetric Myths Versus Research Realities: A Guide to the Medical Literature by Henci Goer, Don Creevy

Books for Class 8

- Active Birth by Balaskas
- Bountiful, Beautiful, Blissful: Experience the Natural Power of Pregnancy and Birth with Kundalini Yoga and Meditation by Gurmukh Kaur Khalsa
- Essential Exercises for the Childbearing Year: A Guide to Health and Comfort Before and After Your Baby Is Born by Elizabeth Noble